

Face Covering Exemption Card

You do not need to prove to anyone that you are exempt from wearing a face covering, but if it would make you feel more confident in public, please cut out one of the cards below to explain that you are exempt.

You may be exempt if:

- You have a disability or health condition that means you cannot put a covering on
- A covering will cause you severe distress or anxiety
- You need to communicate with someone who relies on lip reading
- You have a reasonable need to eat, drink or take medicine



Disability Equality Scotland

Working towards Equality, Inclusion and Participation for Disabled People in Scotland